

Cuyahoga Valley Circuit Race Spring Training Series

Sundays April 19, 26 and May 3, 2009

Presented by Panther/RGF Cycling Team, Snakebite Racing Team and Carbon Racing Team



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ENDURANCE FUELS
& SUPPLEMENTS

Registration 8:45 am at Old Trail School, Bath Township, Ohio

Category	Distance	Start Time	Prizes/Places	Entry Fee	Field Limit
Cat. 1,2,3	35 miles	9:30 am	\$150/5	\$20	75
Cat. 4, 5, Masters 35 +	25 miles	9:33 am	\$75/4	\$20	75

HELD UNDER USA CYCLING PERMIT/Permit Pending; All USCF Rules apply

*Women may race either Category; will be scored separately

*Citizens may race the Category 4,5 event with the purchase of a \$10 one day USCF license

*Promoter reserves the right to combine prize lists and categories if less than 20 riders register per event

*Current USCF license MUST be presented at registration, no exceptions

Registration day of race only, no late fees; entry includes insurance and fees. Registration opens at 8:45 am and closes 15 min prior to posted start times.

Course: Course is a 5 mile loop in the Cuyahoga Valley, flat to rolling with typical springtime N.E. Ohio pavement conditions. Start is at Old Trail School at 2315 Ira Road, Bath, Ohio 44333, Finish line at Hale Farm on Ira Road; course will be run clockwise as in the past on Ira, Oak Hill, Everett Extension, Everett, Riverview and Ira. Use 2315 Ira Road, Akron, Ohio 44333 for an online map.

Directions: From the SOUTH: Route 8 North to Steels Corners. Turn left on Steels Corners, follow to dead end at Akron-Peninsula. Turn right on Akron-Peninsula Rd., follow one mile, turn left on Ira Rd. Follow Ira Rd. across Riverview to Old Trail School. From the NORTH: Take Route 303 to Peninsula; go south on Akron-Peninsula Rd. six miles to Ira Rd. Turn right on Ira Rd., across Riverview to Old Trail School.

This RACE will be HELD RAIN OR SHINE, no rain dates

QUESTIONS: Call Paul Martin (440) 390 8207, email pauljmartin@sbcglobal.net

Thanks to Brad Hansen for years of promoting this series and for helping us keep it going.