

For Immediate Release

DEMERLY AND YORK FINISH STRONG

(Cleveland, OH. April 29, 2013)- Two Cleveland Clinic/ RGF Sports riders showcased their athletic prowess at the first-ever Queen's Day Criterium on April 28 in Holland, Michigan. Sarah Demerly, with a 2nd place podium and Adam York, with a solid 4th place, each tackled their respective races and made it look easy.

Team representation was strong in both events, and somewhat confusing in the men's race.

"Many teams had black kits this year which caused a lot of confusion. Several breaks were needlessly shut down by fellow teammates as a result," said York.

Real Women Tri and Priority Health cycling teams had multiple riders making up the majority of the women's field but seemed to lack enthusiasm.

"I thought going into the race that as a single rider, I would need to spend a lot of energy going with all the attacks delivered by the two teams, but that wasn't the case. Another single rider and I took turns countering each other hoping for a move to stick, but it didn't happen."

The Queen's Day Criterium featured a lightning fast, technical, eight corner course with two very narrow sections and some rough spots in the pavement. Early season nerves resulted in a slower pace for both races, but the season is young as this race marked the official opener for Michigan racing.

Both Demerly and York had impressive days and are looking forward to some bigger races in the future with a three-day omnium in Grand Rapids, MI. and the NCC St. Louis, MO. Tour de Grove races in mid-May.





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